



# *“Smart Parenting Guide”*



A Complete Guide by Saadhye Edubrain



## ◆ *Introduction*

**Har bachcha unique hota hai.**

**Comparison = Damage**

**Understanding = Growth**



# Common Parenting Mistakes

- Compare karna
- Pressure dena
- Sunna nahi
- Over-expectations

Result : Gap creation between you and your child



# *Understand Your Child*

## **Focus on:**

- Behavior
- Interest
- Learning pattern
- Inborn talent

Result : More closeness between you and your  
child



# *Communication Tips*

1. Listen actively
2. Avoid anger
3. Encourage openly

Because there is big difference between

## **Pressure vs Support**

✗ Pressure → Stress

✓ Support → Growth



# *Confidence Building*

- Appreciate efforts
- Avoid criticism
- Give small wins

## **Digital Distraction**

- Limit screen time
- Encourage productive habits



## ◆ *Role of Counseling*

### **Helps parents:**

- Understand child deeply
- Take better decisions



# *Why Saadhye Edubrain*


- Child-focused approach
- Expert counseling
- Trusted by parents



# *Take the First Step Towards better parenting*

 Book Parenting Session

 WhatsApp Now

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